



**P**ENNSYLVANIA **I**NTERSCHOLASTIC **A**THLETIC **A**SSOCIATION  
— DISTRICT THREE —

**TO: PIAA DISTRICT 3 ATHLETIC DIRECTORS, SWIMMING COACHES AND DIVING COACHES**

**FROM: DARNELL STANFORD  
DISTRICT 3 SWIMMING AND DIVING CHAIRPERSON**

**DATE:**

**RE: 2023-2024 SWIMMING AND DIVING CHAMPIONSHIP  
DATES AND LOCATIONS  
2023-2024 SWIMMING AND DIVING QUALIFYING GUIDELINES**

The purpose of this memo is to provide you with important information related to the 2024 District 3 Swimming and Diving Championships. Our qualifying guidelines for swimming have been updated following a review of last year's championship results. We ask that you review all guidelines. All schools should plan to enter your swimmers and divers for the District III Championships by using the online-entry procedure at Divemeets.com (diving) and Swimcloud (Swimming) that will be available in February. Best wishes for a successful swimming and diving season.

**IMPORTANT DISTRICT 3 SWIMMING AND DIVING DATES**

<b>DATE</b>	<b>EVENT</b>	<b>LOCATION</b>	<b>TIME</b>
ASAP	<b>Posting of District 3 Swimming and Diving Information on District 3 Website</b>	<a href="http://piaad3.org">piaad3.org</a>	
Monday February 5, 2024	District 3 Swimming and Diving Entry Procedures Available Online	<a href="http://piaad3.org">piaad3.org</a>	
Friday, February 23, 2024	District 3 AA Diving Championships	DOVER High School (5:00PM Warm-Up)	6 PM
Saturday, February 24, 2024	District 3 AAA Diving Championships	DOVER HS (9:00AM Warm-Up / Boys AM / Girls immediately to follow)	10 AM
Friday, March 1, 2024 Saturday, March 2, 2024	District 3 Swimming Championships	Cumberland Valley High School	12 PM 10 AM

(CONTINUED)

## 2024 DISTRICT 3 DIVING ENTRY REQUIREMENT

<p><b><u>Number of Divers</u></b></p>	<p>11 Dive Championship</p> <p>Each league will have the opportunity to automatically qualify the following number of boy and girl divers provided that they have not failed any dive during the league qualifying round.</p> <table style="margin-left: auto; margin-right: auto; border: none;"> <tr> <td style="text-align: center;"><b><u>League</u></b></td> <td style="text-align: center;"><b><u>AAA</u></b></td> <td style="text-align: center;"><b><u>AA</u></b></td> </tr> <tr> <td>BCIAA</td> <td style="text-align: center;">3 divers</td> <td style="text-align: center;">1 diver</td> </tr> <tr> <td>Lancaster-Lebanon</td> <td style="text-align: center;">0 divers</td> <td style="text-align: center;">0 divers</td> </tr> <tr> <td>Mid-Penn</td> <td style="text-align: center;">6 divers</td> <td style="text-align: center;">6 divers</td> </tr> <tr> <td>York-Adams</td> <td style="text-align: center;">3 divers</td> <td style="text-align: center;">1 diver</td> </tr> </table> <p><b>** (Lancaster-Lebanon does not sponsor a “League Championship” Diving Meet, they qualify through the BCIAA)</b></p> <p><b><u>Additional divers will be considered on an “At Large” basis if they meet the following entry requirement:</u></b></p> <p>Each optional dive proof must show a “Judge’s Total Score” of <b>13.0</b> or higher to be accepted. Dives with a “Judge’s Total Score” of less than <b>13.0</b> will not be accepted as proof of ability to perform the six (6) optional dives. Additionally, a DD requirement for optional dives will be in effect as follows:</p> <table style="margin-left: auto; margin-right: auto; border: none;"> <tr> <td style="text-align: center;"><b><u>GIRLS</u></b></td> <td></td> <td style="text-align: center;"><b><u>BOYS</u></b></td> <td></td> </tr> <tr> <td>AA</td> <td style="text-align: center;">11.5</td> <td>AA</td> <td style="text-align: center;">11.7</td> </tr> <tr> <td>AAA</td> <td style="text-align: center;">11.8</td> <td>AAA</td> <td style="text-align: center;">12.0</td> </tr> </table>	<b><u>League</u></b>	<b><u>AAA</u></b>	<b><u>AA</u></b>	BCIAA	3 divers	1 diver	Lancaster-Lebanon	0 divers	0 divers	Mid-Penn	6 divers	6 divers	York-Adams	3 divers	1 diver	<b><u>GIRLS</u></b>		<b><u>BOYS</u></b>		AA	11.5	AA	11.7	AAA	11.8	AAA	12.0
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### **2024 DISTRICT 3 SWIMMING ENTRY GUIDELINES**

#### **MEETING THESE GUIDELINES GUARANTEES ENTRY**

EVENT	GIRLS 2A	GIRLS 3A	BOYS 2A	BOYS 3A
200 Medley Relay	2:03.88 (16)	1:49.99 (16)	1:48.99 (16)	1:39.99 (16)
200 Freestyle	2:04.99 (24)	1:59.28 (32)	1:56.99 (24)	1:48.74 (32)
200 Individual Medley	2:16.99 (24)	2:15.99 (32)	2:12.99 (24)	2:01.99 (32)
50 Freestyle	26.64 (24)	24.97 (32)	23.68 (24)	22.34 (32)
100 Butterfly	1:02.99 (24)	1:00.54 (32)	56.99 (24)	54.33 (32)
200 Freestyle Relay	1:49.99 (16)	1:41.99 (16)	1:37.99 (16)	1:29.99 (16)
100 Freestyle	56.99 (24)	54.43 (32)	51.51 (24)	48.69 (32)
500 Freestyle	5:36.99 (24)	5:24.38 (32)	5:20.99 (24)	4:57.59 (32)
100 Backstroke	1:02.99 (24)	1:01.07 (32)	59.99 (24)	55.99 (32)
100 Breaststroke	1:13.99 (24)	1:09.68 (32)	1:07.99 (24)	1:02.23 (32)
400 Freestyle Relay	4:01.99 (16)	3:44.99 (16)	3:35.99 (16)	3:17.99 (16)

**\*\*\*PLEASE NOTE THAT MEETING THE ABOVE TIMES WILL GUARANTEE ENTRY FOR THE EVENT LISTED. WE WILL ACCEPT TWENTY-FOUR (24) AND THIRTY-TWO (32) SWIMMERS FOR “AA” AND “AAA” INDIVIDUAL EVENTS RESPECTIVELY, AND SIXTEEN (16) TEAMS FOR EACH RELAY EVENT FOR BOTH CLASSIFICATIONS**

**\*\*\*PLEASE BE ADVISED TO ENTER ANY ATHLETE WHOSE TIME YOU FEEL MAY FALL WITHIN NUMBER ACCEPTED EVEN IF ABOVE THE GUARANTEED TIME LISTED!**

**\*\*\* Entries by Team: In championship meets... each team shall be permitted a maximum of four entries in an individual event and one team in a relay. Pg. 17 Rule 3 Section 1 Article 1**